

THE IRISH POWERLIFTING FEDERATION

OCTOBER OPEN 2018



20-21 OCTOBER 2018
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

AVA HORRIGAN

BODYWEIGHT: 70.2KG
WEIGHT CLASS: 72
CITYGYM LIMERICK

SQUAT
145.0 KG

BENCH PRESS
67.5 KG

DEADLIFT
170.0 KG

TOTAL
382.5 KG

Rob Burke
President

