

# THE IRISH POWERLIFTING FEDERATION

## OCTOBER OPEN 2018



20-21 OCTOBER 2018  
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

## RACHAEL FORKIN

BODYWEIGHT: 66.2KG  
WEIGHT CLASS: 72  
UCC POWERLIFTING CLUB

SQUAT  
**112.5 KG**

BENCH PRESS  
**70.0 KG**

DEADLIFT  
**147.5 KG**

TOTAL  
**330.0 KG**

Rob Burke  
President

