

THE IRISH POWERLIFTING FEDERATION

OCTOBER OPEN 2018



20-21 OCTOBER 2018
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

HANNAH STEPHENSON

BODYWEIGHT: 72KG
WEIGHT CLASS: 72
STRENGTH MILITIA

SQUAT
110.0 KG

BENCH PRESS
55.0 KG

DEADLIFT
135.0 KG

TOTAL
300.0 KG

Rob Burke
President

