

# THE IRISH POWERLIFTING FEDERATION OCTOBER OPEN 2018



20-21 OCTOBER 2018  
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

## SIOBHAN O CONNELL

BODYWEIGHT: 65.4KG  
WEIGHT CLASS: 72  
KJ STRENGTH AND PERFORMANCE

SQUAT  
**97.5 KG**

BENCH PRESS  
**50.0 KG**

DEADLIFT  
**147.5 KG**

TOTAL  
**295.0 KG**

Rob Burke  
President

