

THE IRISH POWERLIFTING FEDERATION

OCTOBER OPEN 2018



20-21 OCTOBER 2018
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

ORLA HODNETT

BODYWEIGHT: 71KG
WEIGHT CLASS: 72

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SQUAT
90.0 KG

BENCH PRESS
47.5 KG

DEADLIFT
120.0 KG

TOTAL
257.5 KG

Rob Burke
President

