

THE IRISH POWERLIFTING FEDERATION OCTOBER OPEN 2018



20-21 OCTOBER 2018
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

DEIRDRE FENLON

BODYWEIGHT: 83.6KG

WEIGHT CLASS: 84

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SQUAT
187.5 KG

BENCH PRESS
85.0 KG

DEADLIFT
205.0 KG

TOTAL
477.5 KG

Rob Burke
President

