

THE IRISH POWERLIFTING FEDERATION

OCTOBER OPEN 2018



20-21 OCTOBER 2018
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

ALISON O'REILLY

BODYWEIGHT: 81.4KG

WEIGHT CLASS: 84

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SQUAT
155.0 KG

BENCH PRESS
90.0 KG

DEADLIFT
175.0 KG

TOTAL
420.0 KG

Rob Burke
President

