

THE IRISH POWERLIFTING FEDERATION OCTOBER OPEN 2018



20-21 OCTOBER 2018
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

NICOLE CRAIG

BODYWEIGHT: 83.2KG
WEIGHT CLASS: 84
KJ POWERLIFTING CLUB

SQUAT
130.0 KG

BENCH PRESS
67.5 KG

DEADLIFT
172.5 KG

TOTAL
370.0 KG

Rob Burke
President

