

THE IRISH POWERLIFTING FEDERATION

OCTOBER OPEN 2018



20-21 OCTOBER 2018
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

PAMELA MYERS

BODYWEIGHT: 51.4KG

WEIGHT CLASS: 52

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SQUAT
72.5 KG

BENCH PRESS
40.0 KG

DEADLIFT
82.5 KG

TOTAL
195.0 KG

Rob Burke
President

