

# THE IRISH POWERLIFTING FEDERATION

## OCTOBER OPEN 2018



20-21 OCTOBER 2018  
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

## STEPHANIE MCTIERNAN

**BODYWEIGHT: 96.6KG**  
**WEIGHT CLASS: 84+**  
**STRONGLIFE GYM**

**SQUAT**  
**85.0 KG**

**BENCH PRESS**  
**60.0 KG**

**DEADLIFT**  
**120.0 KG**

**TOTAL**  
**265.0 KG**

Rob Burke  
President

