

THE IRISH POWERLIFTING FEDERATION OCTOBER OPEN 2018



20-21 OCTOBER 2018
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

EMILY AZZALI

BODYWEIGHT: 96.4KG
WEIGHT CLASS: 84+
KAOS GYM

SQUAT
100.0 KG

BENCH PRESS
47.5 KG

DEADLIFT
110.0 KG

TOTAL
257.5 KG

Rob Burke
President

