

THE IRISH POWERLIFTING FEDERATION

OCTOBER OPEN 2018



20-21 OCTOBER 2018
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

STEPHEN MANUEL

BODYWEIGHT: 93KG
WEIGHT CLASS: 93
#N/A

SQUAT
260.0 KG

BENCH PRESS
160.0 KG

DEADLIFT
290.0 KG

TOTAL
710.0 KG

Rob Burke
President

