

THE IRISH POWERLIFTING FEDERATION

OCTOBER OPEN 2018



20-21 OCTOBER 2018
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

MOATAZ ABUJENNAH

BODYWEIGHT: 59KG
WEIGHT CLASS: 59

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SQUAT
142.5 KG

BENCH PRESS
87.5 KG

DEADLIFT
160.0 KG

TOTAL
390.0 KG

Rob Burke
President

