

# THE IRISH POWERLIFTING FEDERATION

## OCTOBER OPEN 2018



20-21 OCTOBER 2018  
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

## NIALL CREEGAN

BODYWEIGHT: 73KG  
WEIGHT CLASS: 74  
KINETIC TRAINING SYSTEMS

SQUAT  
**160.0 KG**

BENCH PRESS  
**105.0 KG**

DEADLIFT  
**177.5 KG**

TOTAL  
**442.5 KG**

Rob Burke  
President

