

THE IRISH POWERLIFTING FEDERATION OCTOBER OPEN 2018



20-21 OCTOBER 2018
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

FIN O'DONOVAN

BODYWEIGHT: 72.2KG

WEIGHT CLASS: 74

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SQUAT
135.0 KG

BENCH PRESS
82.5 KG

DEADLIFT
150.0 KG

TOTAL
367.5 KG

Rob Burke
President

