

THE IRISH POWERLIFTING FEDERATION

OCTOBER OPEN 2018



20-21 OCTOBER 2018
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

RYAN LEE

BODYWEIGHT: 80.8KG
WEIGHT CLASS: 83
CUSTOM STRENGTH

SQUAT
180.0 KG

BENCH PRESS
120.0 KG

DEADLIFT
217.5 KG

TOTAL
517.5 KG

Rob Burke
President

