

# THE IRISH POWERLIFTING FEDERATION OCTOBER OPEN 2018



20-21 OCTOBER 2018  
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

## APRIL DARDIS

BODYWEIGHT: 55.8KG

WEIGHT CLASS: 57

ATHLONE POWERLIFTING CLUB

SQUAT  
**110.0 KG**

BENCH PRESS  
**52.5 KG**

DEADLIFT  
**115.0 KG**

TOTAL  
**277.5 KG**

Rob Burke  
President

