

THE IRISH POWERLIFTING FEDERATION

OCTOBER OPEN 2018



20-21 OCTOBER 2018
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

SEAN MULHOLLAND

BODYWEIGHT: 81KG
WEIGHT CLASS: 83

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SQUAT
132.5 KG

BENCH PRESS
100.0 KG

DEADLIFT
202.5 KG

TOTAL
435.0 KG

Rob Burke
President

