

THE IRISH POWERLIFTING FEDERATION OCTOBER OPEN 2018



20-21 OCTOBER 2018
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

RYAN DOWNEY

BODYWEIGHT: 92.2KG

WEIGHT CLASS: 93

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SQUAT
215.0 KG

BENCH PRESS
135.0 KG

DEADLIFT
235.0 KG

TOTAL
585.0 KG

Rob Burke
President

