

THE IRISH POWERLIFTING FEDERATION OCTOBER OPEN 2018



20-21 OCTOBER 2018
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

WARREN YELVERTON

BODYWEIGHT: 93KG
WEIGHT CLASS: 93
MALLOW EXTREME SCC GYM

SQUAT
180.0 KG

BENCH PRESS
150.0 KG

DEADLIFT
250.0 KG

TOTAL
580.0 KG

Rob Burke
President

