

# THE IRISH POWERLIFTING FEDERATION OCTOBER OPEN 2018



20-21 OCTOBER 2018  
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

## DAIRE MCDONAGH

BODYWEIGHT: 91KG  
WEIGHT CLASS: 93  
UCC POWERLIFTING CLUB

SQUAT  
**197.5 KG**

BENCH PRESS  
**125.0 KG**

DEADLIFT  
**237.5 KG**

TOTAL  
**560.0 KG**

Rob Burke  
President

