

THE IRISH POWERLIFTING FEDERATION

OCTOBER OPEN 2018



20-21 OCTOBER 2018
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

EOIN MINCHIN

BODYWEIGHT: 92.6KG

WEIGHT CLASS: 93

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SQUAT
187.5 KG

BENCH PRESS
112.5 KG

DEADLIFT
205.0 KG

TOTAL
505.0 KG

Rob Burke
President

