THE IRISH POWERLIFTING FEDERATION
JUNIORS & MASTERS NATIONAL CHAMPIONSHIPS 2018

3-4 NOVEMBER 2018
HOSTED BY REVOLUTION FITNESS

JENNIFER HARRINGTON

A.B.S. POWERLIFTING
WEIGHT CLASS: 72KG / AGE CLASS: F-U21

SQUAT	BENCH PRESS	DEADLIFT
130.5 KG	60.0 KG	137.5 KG

TOTAL

328.0 KG

2-F-0-72-PL
FEMALE U21 SILVER 2018

Rob Burke
President

REVOLUTION FITNESS
INVICTA VICTORY APPAREL