THE IRISH POWERLIFTING FEDERATION NATIONAL CHAMPIONSHIPS 2019

9–10 FEBRUARY 2019

LINDSEY MCMANUS

STORM BODY FITNESS
WEIGHT CLASS: 84+KG

SQUAT	BENCH PRESS	DEADLIFT
142.5 KG	80 KG	155 KG

TOTAL

377.5 KG

5-F-0-84+-PL

Rob Burke
President