THE IRISH POWERLIFTING FEDERATION NATIONAL CHAMPIONSHIPS 2019

9–10 FEBRUARY 2019

MARK COMISKEY

A.B.S POWERLIFTING
WEIGHT CLASS: 83KG

SQUAT	BENCH PRESS	DEADLIFT
232.5 KG	157.5 KG	257.5 KG

TOTAL

647.5 KG

3-M-O-83-PL

Rob Burke
President