# THE IRISH POWERLIFTING FEDERATION
# MUNSTER CHAMPIONSHIPS 2019

**20-21 APRIL 2019**

## CLIONA O'DRISCOLL

**KAOS GYM**
**WEIGHT CLASS: 84+KG**

| SQUAT | BENCH PRESS | DEADLIFT |
|---|---|---|
| 130 KG | 42.5 KG | 145 KG |

**TOTAL**

## 317.5 KG

**7-F-0-84+-PL**

Rob Burke
President