

IRISH POWERLIFTING FEDERATION NOVICE OPEN 2016

Name	Div	Bwt (kg)	WtCls (kg)	Best SQ	Best BP	Best DL	PL Total	Wilks Pts
Erin George Wagner	M-SEN-C	129.5	120+	275	180	262.5	717.5	406.105
Christopher Goodland	M-Sen-E	82	83	195	140	252.5	587.5	395.035
Mark Comiskey	M-Sen-C	81.6	83	212.5	140	230	582.5	392.838
Ashwin Amersi	M-Sen-C	77.2	83	175	137.5	230	542.5	379.045
Bryan McSpadden	M-Sen-C	92.2	93	215	145	230	590	372.172
Shannon Pollock	F-Sen-C	72	72	142.5	67.5	167.5	377.5	368.440
Andrew Knox Shiels	M-SEN-C	88	93	185	125	250	560	361.704
Sam Stewart	M-Sen-C	82.6	83	187.5	135	215	537.5	359.802
Nigel Chambers	M-SEN-C	95.8	105	210	112.5	250	572.5	354.778
Paul Keely	M-SEN-C	92.2	93	210	130	217.5	557.5	351.671
James Madden	M-SEN-C	63	66	150	105	175	430	351.140
John Donovan	M-SEN-C	72.8	84	180	100	200	480	349.340
Gerard Auld	M-Sen-C	81.2	83	182.5	127.5	205	515	348.346
David Duncan	M-SEN-C	90.4	93	185	140	220	545	347.165
Luke Curran	M-SEN-C	92.2	93	200	125	220	545	343.786
Darren Horgan	M-Sen-C	80.2	83	175	110	215	500	340.800
Cameron Higgs	M-U23-C	98.2	105	220	130	205	555	340.270
Amy Nolan	F-SEN-C	60.8	63	102.5	60	145	307.5	339.326
Lina O'Sullivan	F-SEN-C	61.2	63	110	60	137.5	307.5	337.635
Danny Lennon	M-Sen-C	80	83	170	115	205	490	334.523
Christina Fox	F-SEN-C	53.2	57	77.5	55	140	272.5	333.760
James Coogan	M-U23-C	71.2	72	157.5	102.5	190	450	332.910
Oliver Smith	M-U23-C	103.6	105	200	140	210	550	330.220
Conor FitzGerald	M-SEN-C	103.2	105	190	135	220	545	327.709
Conor Kennedy	M-Sen-C	79.6	83	162.5	110	205	477.5	327.040
Darragh Hayes	M-Sen-C	92.4	93	180	117.5	215	512.5	322.926
Lauren Elder	F-SEN-C	62.2	63	100	47.5	150	297.5	322.609
Robbie Bennett	M-U23-C	71.4	72	140	95	200	435	321.160
Mark Lynch	M-SEN-C	100.2	105	170	120	235	525	319.252
Aisling Judge	F-SEN-C	77.2	80	125	62.5	155	342.5	319.090
Colm Duignan	M-SEN-C	92.6	93	180	115	207.5	502.5	316.324
Luke Cadwell	M-SEN-C	91	93	172.5	110	215	497.5	315.863
Emily Mazilu	F-U23-C	55.8	57	100	45	122.5	267.5	315.620
Aisling Stapleton	F-SEN-C	61.8	63	107.5	55	125	287.5	313.318
Sean Hickey	M-U23-C	112.4	120	200	120	215	535	312.814
Leslie Hoare	F-SEN-C	79	84	110	70	152.5	332.5	306.400
Bill Cullen	M-Sen-C	91	93	167.5	107.5	205	480	304.752
Rebecca Bennett	F-U23-C	61.2	63	100	45	132.5	277.5	304.695
Chris Dowdall	M-SEN-C	90.4	93	165	120	190	475	302.575
Dave Harrington	M-SEN-C	89.2	93	160	115	195	470	301.411
Erica Gaffney	F-SEN-C	48	52	77.5	50	100	227.5	301.300
Stephen Hadden	M-SEN-C	101.4	105	205	117.5	175	497.5	301.137
Bernard Doyle	M-M1-C	89	93	155	112.5	200	467.5	300.182
JP McGowan	M-SEN-C	72.8	84	155	82.5	172.5	410	298.400
Michael Parry-Jones	M-SEN-C	94.2	105	170	110	195	475	296.590
Jill Gracey	F-Sen-C	66.6	72	105	45	135	285	293.720
Tom Dargle	M-SEN-C	125	120+	175	110	230	515	293.447
Aisling McManus	F-SEN-C	46.6	47	75	45	95	215	290.940
Jack Gallagher	M-Sen-C	81.6	83	145	80	205	430	289.992
Stephen McKenna	M-U23-C	73.2	84	135	80	185	400	289.960
Jason Adam Ward	M-Sen-C	82.6	83	162.5	75	195	432.5	289.515
Carrie Carmichael	F-u23-C	70.8	72	100	42.5	150	292.5	288.730

Brendan Geraghty	M-SEN-C	87	93	165	90	180	435	282.707
Teanna Watts	F-SEN-C	79.4	84	110	57.5	140	307.5	282.560
Vita Chainauskaite	F-M1-C	62.4	63	75	55	130	260	281.268
Elaine Stone	F-Sen-C	77.6	84	90	65	122.5	277.5	277.500
Peter Elliott	M-Sen-C	82.8	83	145	85	185	415	277.428
Mark Daly	M-SEN-C	72	74	137.5	85	150	372.5	273.300
Aoife Daly	F-Sen-C	72	72	100	50	130	280	273.280
Fiona Walshe	F-M1-C	69.6	72	95	47.5	125	267.5	267.179
Gina Lumsden	F-u23-C	68.8	72	90	50	122.5	262.5	264.310
Ciaragh kehoe	F-SEN-C	56.6	57	70	37.5	115	222.5	259.610
Ailish Marlow	F-SEN-C	96.4	84+	115	52.5	140	307.5	258.980
Oisin Kelly	M-Sen-C	80.6	83	135	80	165	380	258.210
James Keogh	M-Sen-C	81.8	83	125	85	160	370	249.158
Lorna Ward	F-Sen-C	71	72	92.5	40	120	252.5	248.760
Claire Caulfield	F-SEN-C	64.2	72	75	45	112.5	232.5	246.171
Kate Sheehy	F-SEN-C	58.4	63	85	37.5	92.5	215	244.800
Joelle Fagan	F-SEN-C	80.8	84	82.5	55	125	262.5	238.880
Laura Earley	F-Sen-C	68	72	85	45	105	235	238.600
James Bernard Lynch	M-Sen-C	81.6	83	115	82.5	150	347.5	234.354
Jennifer Geary	F-SEN-C	61	63	82.5	37.5	90	210	231.147
Lynn Privett	F-SEN-C	57.2	63	77.5	40	80	197.5	228.547
Eoin O Donoghue	M-SEN-C	71	74	117.5	65	125	307.5	227.980
Conor Markey	M-SEN-C	107.6	120	125	77.5	167.5	370	219.262
Eric Killeen	M-SEN-C	64.2	66	92.5	75	100	267.5	215.020
Amy Hughes	F-SEN-C	81.6	84	75	45	105	225	203.670
Colm McKeown	M-SEN-C	63	66	82.5	62.5	100	245	200.070
Aisling Kelly	F-u23-C	71.2	72	62.5	42.5	82.5	187.5	184.387
Tara Conlon	F-M2-C	61.6	63	42.5	37.5	85	165	180.262
Alison May	F-SEN-C	54.8	57	55	35	60	150	179.500
Sinead O'Connor	F-Sen-C	80.6	84	0	60	102.5	0	0.000
Tony Deeney	M-Sen-C	78.2	83	170	95	0	0	0.000
Liam Dinan	M-Sen-C	82.4	83	0	110	175	0	0.000
Shane Manning	M-SEN-C	102.8	105	265	0	0	0	0.000